# Risk Management in Group Practice

Paperwork & Training

### Objectives

- Identify a training program that can improve client care and reduce risk of liability
- Describe how to review client files and provide feedback to staff

#### About Maelisa

- Licensed psychologist
- Owner of QA Prep for 4 years
- Former corporate manager
- ENFP with ADHD



# Creating a Training Program

Set your team up for success

# Step 1:

Identify your policies and procedures

#### Policies and Procedures

- Intake paperwork
  - What is your process?
  - What forms are required?
  - In what timeframe must they be submitted?

#### Policies and Procedures

- Treatment plans
  - How are they completed?
  - What goals are appropriate?
  - How are they implemented over time?

#### Policies and Procedures

- Notes
  - What interaction requires a note?
  - Is a template required?
  - In what timeframe must notes be submitted?
  - Do you review notes and if so, how often and for how long?

Your policies and procedures WILL change and need ongoing revision.

# Step 2:

Make your training **engaging**, realistic and relevant

# Tools of Engagement

- Samples and Examples
  - · Create a sample client file
  - Talk through various scenarios
  - Conduct practice sessions
  - Record sessions

# Tools of Engagement

- Work as a group
  - Write notes together
  - Review notes together

# Tools of Engagement

- Share mistakes
  - Provide direction and parameters
  - Encourage sharing in the group
  - Use your own real examples (can you think of one right now?)

### Tech (and non-Tech) Tools

- Google forms
- Google docs
- Dropbox
- Basecamp
- Asana

- Certificates and rewards
- Ecards
- Real cards
- Gifts
- Group Outings

Lead by **example** 

# Step 3: Be open to feedback and revise, revise, revise...

#### Get Feedback

- Be **open** to feedback
- Have a clear collection method
- Use a regular schedule
- Follow up on feedback
- Adjust as needed

#### A note about expectations:

"The average boss is about 1.75 times as productive as the average worker."

-The Value of Bosses

#### On a positive note:

"Great managers have an even bigger impact on high performing staff."

-The Value of Bosses

# Reviewing Client Files

Providing constructive feedback while maintaining the relationship

# Establish **trust** and provide *clear* **expectations**

# Your Responsibilities

- · Outline what is expected and in what timeframe
- Provide opportunities to ask for help
- Bring up the subject first

# Your Responsibilities

- Review notes regularly
  - In supervision
  - On your own

#### Use a Review Tool

- Keep things objective
- Provide a clear outcome
- · Identify results compared with colleagues

#### Performance Reviews

- Determine regular intervals
- Incorporate documentation always
  - Provide data
  - Provide examples

# Identify Training Needs

- Collaborate with your team
- Repeat what works
- Make it a priority and emphasize the clinical impact

# Pay attention to **red flags**... or you'll regret it later

# Helpful Management Resources

- The Best Place to Work by Ronald Friedman, PhD
- Stacking Your Team Podcast with Shelli Warren

QUESTIONS!

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