

Navigating Collective Trauma Resources

Articles and Books

Hirschberger G. (2018). Collective Trauma and the Social Construction of Meaning. *Frontiers in psychology*, 9, 1441. <https://doi.org/10.3389/fpsyg.2018.01441>

Render Turmaud, D. (2020). Trauma of pandemic proportions. Retrieved from: <https://www.psychologytoday.com/us/blog/lifting-the-veil-trauma/202003/trauma-pandemic-proportions>

Render Turmaud, D. (2020). What is collective trauma? Retrieved from: <https://www.psychologytoday.com/us/blog/lifting-the-veil-trauma/202005/what-is-collective-trauma>

Saul, J. (2014). *Collective trauma, collective healing: Promoting resilience in the aftermath of disaster*. New York, NY: Routledge.

Online Resource Course

Given the immense hardships we are facing during the time of COVID-19, Danielle Render Turmaud, MS, NCC and Multnomah University have partnered to launch a public online resource course on the topic of collective trauma titled “When Our World is Turned Upside Down”. This course explores the topic of collective trauma, situations that cause it, the effects of collective trauma may have on us and our loved ones, and offers resources on how we can support ourselves and others during these times. The course is free for registration until June 15th, 2020 (through promo code MUWITHU). Afterwards, the registration cost will be \$10. The course can be accessed through:

<https://catalog.multnomahplus.com/courses/when-our-world-is-turned-upside-down>

This online resource course allows you to go at your own pace, is easy to navigate, and includes short video clips, resources, and activities for reflection.

**An important note about this course: A couple of times this course references God, Jesus, and faith due to this course being launched from a Christian University. Although a Christian perspective is shared at times, this resource is designed for the public and offers information that can be helpful to individuals of all backgrounds/beliefs.*