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Sample Telemental Health Session Documentation Form

# Session Note Addenda

*[These are items you can use for the TMH-specific portions of session documentation]*

**Client location:**

* At home address
* At other location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Appropriateness of TMH**

* Clinician assessed appropriateness of telemental health with this client
* Client and clinician discussed appropriateness of telemental health at this time

**Final assessment**:

* Appropriate
* Inappropriate
* Unsure, and will closely monitor going forward

**Psychological/Physical Safety**

* Client scanned room with camera
* Used codewords
* Determined it was safe to proceed
* Determined it was NOT safe to proceed

**Client Identity and Age**

* Identity authenticated in a previous encounter
* Identity authenticated on-camera with a legal ID document
* Identity has not been formally authenticated
* Identity confirmed visually
* Identity confirmed auditorily
* Identity confirmed with codeword
* Identity not confirmed
* Age confirmed on-camera with a legal ID document
* Age confirmed in previous encounter
* Age not confirmed

**Safety and Emergency Planning**

* Discussed backup communication plan
* Discussed mental health crisis response plan
* Discussed medical emergency plan
* Discussed emergency contact